

Self-Deliverance Guide

Liberty from Captivity ©

For deliverance training and blog, please visit:

<https://libertyfromcaptivity.com/>

Use this Self-Deliverance Guide to aid you in the deliverance process.

While this is a guide, be led by the Holy Spirit.

Pre-Self-Interview	
<input type="checkbox"/>	Have you accepted Jesus as your Lord and Savior? Do you confess that Jesus Christ is Lord? If not, seek help from someone who knows how to minister deliverance.
<input type="checkbox"/>	Start the session with prayer. Command all demons to be silent. Declare Luke 10:19 out loud.
<input type="checkbox"/>	Use the Problem List to document which demons you may be dealing with. Ask Holy Spirit to show you.
<input type="checkbox"/>	Pray the Door Closing Prayer out loud. Do not skip this step and take as much time as you need.
<input type="checkbox"/>	Ask yourself the question: Was I able to forgive everyone that Holy Spirit showed me? If not, make sure you forgive everyone. If you don't do this, stop ministry.
<input type="checkbox"/>	Ask yourself the question: Was I able to forgive myself? If not, make sure you forgive yourself. If you don't do this, stop ministry.
<input type="checkbox"/>	Ask yourself the question: Do I have unforgiveness towards God? If so, make sure you repent. If you don't do this, stop ministry.

Self-Interview		
<input type="checkbox"/>	1. Using the spaces to the right, document your top three most tormenting areas. Use your problem list if needed.	1. 2. 3.
<input type="checkbox"/>	2. How was your relationship with your father?	
<input type="checkbox"/>	3. How was your relationship with your mother?	
<input type="checkbox"/>	4. How was your relationship with your siblings?	
<input type="checkbox"/>	5. How was your childhood?	
<input type="checkbox"/>	6. Have you experienced any major trauma(s)?	
<input type="checkbox"/>	7. Are you a veteran or descendant of a veteran?	
<input type="checkbox"/>	8. Are you a victim of sexual abuse?	
<input type="checkbox"/>	9. Have you had non-marital sexual partners? For example: fornication, adultery, emotional affairs, pornography, homosexuality, heavy petting, etc.	
<input type="checkbox"/>	10. Do you have any ex-spouses?	
<input type="checkbox"/>	11. Have you suffered from miscarriages?	
<input type="checkbox"/>	12. Have you had an abortion or took part in the decision to abort?	
<input type="checkbox"/>	13. Have you had any unresolved deaths?	
<input type="checkbox"/>	14. Have you ever participated in witchcraft?	
<input type="checkbox"/>	15. Have you or your ancestors participated in freemasonry or any secret societies?	
<input type="checkbox"/>	16. List any physical/mental/emotional needs.	
<input type="checkbox"/>	17. Are you on any medications/treatments?	
<input type="checkbox"/>	18. Have you been diagnosed with any conditions/diseases?	

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Self-Ministry	
Ungodly Soul Ties	
<input type="checkbox"/>	<p>Break ungodly soul ties. Use "Breaking Ungodly Soul Ties" prayer. <input type="checkbox"/> Mother and Father <input type="checkbox"/> Spouse and Ex-Spouses <input type="checkbox"/> Sexual Group <input type="checkbox"/> Others For soul ties with sexual partners: Call on fragmented parts of soul to come out from sexual partners to rejoin their soul AND send back all soul parts of sexual partners back to them so they can be whole. Applies to items 2, 3, 4, 8, 9, 10 from self-interview.</p>
Inner Healing	
<input type="checkbox"/>	<p>After breaking each ungodly soul tie (or groups), do inner healing. Use item 5 from "Breaking Ungodly Soul Ties" prayer. <input type="checkbox"/> Mother and Father <input type="checkbox"/> Spouse and Ex-Spouses <input type="checkbox"/> Sexual Group <input type="checkbox"/> Others Applies to items 2, 3, 4, 8, 9, 10 from self-interview.</p>
<input type="checkbox"/>	<p>For the 3 most tormenting areas and for other numbered items below, go back to the earliest memory. Put negative emotions in hands and surrender to Jesus. Applies to items 1, 5, 8, 11, 12, 13 from self-interview.</p>
<input type="checkbox"/>	<p>For each trauma, go back to the memory. Put negative emotions in hands and surrender to Jesus. Applies to item 6 and 7 from self-interview.</p>
<input type="checkbox"/>	<p>[OPTIONAL] Use the "Birth-Up Method". Go in phases in your life from birth to your current age. Ask Jesus to show you anything that needs healing. If you feel led, you can also start at conception.</p>
Deliverance	
<input type="checkbox"/>	<p>Use the Repentance and Deliverance document with the Problem List. Command each demon group to leave.</p>
Physical, Mental, and Emotional Healing	
<input type="checkbox"/>	<p>Declare your healing for all physical, mental, and emotional needs. Speak to any needs you have and command all pain or illness to go in Jesus Name. Command healing to those areas. Applies to item 16 from self-interview.</p>
Miscellaneous	
<input type="checkbox"/>	<p>Pray and ask God to activate your God-given gifts and for God to bless you.</p>
<input type="checkbox"/>	<p>Baptism of the Holy Spirit (if you haven't had already).</p>
<input type="checkbox"/>	<p>Pray the following to renew your mind: "I now take my mind in my head, my mind in my heart, and my body memory in my muscles, organs and skin casting all evil imprints down in the name of Jesus replacing it with the mind of Christ. I ask for and receive the mind of Christ, pure and clean by faith. Thank you, Jesus, for cleansing my mind and body. Fill me and renew me by the Holy Spirit. Baptize me and lead me in the Way of Life, God and Messiah, by your Spirit in my spirit. Thank you, Lord, for your pure life in me."</p>
<input type="checkbox"/>	<p>Begin using the document titled Post Deliverance Information (contains Keys for Staying Free, I Am Confessions, Blessing Confessions, 9 R's of Freedom).</p>
<input type="checkbox"/>	<p>If you're not attending church, ask God to show you where He wants you to go. It's important to be fed spiritually and to be surrounded by other believers.</p>