

Apply the "9 Rs to Freedom"

Now that you have experienced healing of the broken heart and freedom from demonic oppression it is important for you to walk out your freedom so that in gaining freedom that you may grow in your freedom. Remember, freedom is a person (the Holy Spirit). "Where the Spirit of the Lord is, there is freedom." 2 Corinthians. 3.17

1. **Recognize** an issue in your life that is not from God.
2. Take **Responsibility** for what you have recognized. Don't blame God or anyone else.
3. **Repent** for your participation with the enemy and the problem you have recognized.
4. **Renounce**. Fall completely out of agreement with your sin.
5. **Remove** the sin from your life. Cast it out. **Command it to go** in the Name of Jesus...**GO! In Jesus' Name, GO!**
6. **Resubmit** unto God as per James 4.7.
7. **Resist**. Draw near to God through reading His Word out loud, pray, worship, and resist demons coming back with temptations and ungodly thought patterns. Absolutely refuse to get involved with the sin. Flee from and resist evil temptation. Declare with your mouth, "Perish the thought" as you cast down imaginations and take every thought captive to the obedience of Jesus Christ making Jesus King of your emotions and thought life.
8. **Rejoice**. Give thanks to God for your freedom.
9. **Restore**. Help to restore others held captive.

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Keys for Staying Free

Jesus used deliverance ministry to bring freedom to those oppressed by the devil. After being set free, paying careful attention to the following points will allow you to continue to live in freedom and maintain healing:

1. **Read the Word** out loud each day. 2 Timothy 3:16-17
2. **Pray** (talk to God conversationally, walk with God and be His friend) every day. Ephesians 6:18
3. **Worship** (thank God for what He has done, Praise Him for Who He is, honor Him with Worship). John 4:22-24
4. Have **Christian fellowship**. Matthew 18:19-20
5. **Keep the doors closed**. Galatians 5:16-26
6. **Resist the devil, speaking the Word**. James 4:7; 1 Peter 5.8; 2 Corinthians 10:4-6
7. **Strengthen your spirit man by confessing or declaring daily** the positives, **the Word of God** and declaring the promises of God. Mark 11:22-25; Ephesians 1:3-23; 3:16-20
8. **Make godly choices**. Choose you this day whom you will serve. Deuteronomy 30:19. Then you will know the truth, and the truth will set you free. John 8:32

I Am Confessions

Say five each day with your mouth

1. A child of God (Romans 8:16)
2. Redeemed from the hand of the enemy (Psalm 107:2)
3. Forgiven (Colossians 1:13-14)
4. Saved by Grace through Faith (Ephesians 2:8)
5. Righteous and holy (Ephesians 4:24)
6. Justified (just as if I never sinned) (Romans 5:1)
7. Sanctified (1 Corinthians 6:11)
8. A New Creature (2 Corinthians 5:17)
9. Partaker of His Divine Nature (2 Peter 1:4)
10. Redeemed from the curse of the Law (Galatians 3:13)
11. Delivered from the powers of darkness (Colossians 1:13)
12. Led by the Spirit of God (Romans 8:14)
13. A Son of God (Romans 8:14)
14. Hidden with Christ in God (Colossians 3:3)
15. The salt of the earth (Matthew 5:13)
16. The light of the world (Matthew 5:14)
17. Part of the true vine (John 15:1-2)
18. Chosen by God, holy and dearly loved by God (Colossians 3:12)
19. Kept in safety wherever I go (Psalm 91:11)
20. Getting all my needs met by my Lord Jesus Christ (Philippians 4:19)
21. Casting all my cares on My Lord Jesus (1 Peter 5:7)
22. Strong in the Lord and in the power of His might (Ephesians 6:10)
23. Doing all things through Christ who strengthens me (Philippians 4:13)
24. An heir of God and a joint heir with my Lord Jesus Christ (Romans 8:17)
25. Observing and doing the Lord's commandments (Deuteronomy 28:12)
26. Blessed coming in and blessed going out (Deuteronomy 28:6)
27. Blessed [INDWELT BY GOD AND HIS KINGDOM] (Deuteronomy 28:6)
28. Blessed with the blessing of Abraham (Galatians 3:13-15)
29. An inheritor of eternal life (1 John 5:11-12)
30. Blessed with all spiritual blessings (Ephesians 1:3)
31. Healed by His stripes (1 Peter 2:24)
32. Exercising my authority over the enemy (Luke 10:19)
33. Above only and not beneath (Deuteronomy 28:13)
34. More than a conqueror (Romans 8:37)
35. Establishing God's Word here on earth (Matthew 16:19)
36. An overcomer by the Blood of the Lamb and the word of my testimony (Rev. 12:11)
37. I submit to God and resist the devil (James 4:7)
38. Daily overcoming the devil (1 John 4:4)
39. Not moved by what I see (2 Corinthians 4:18)
40. Walking by faith and not by sight (2 Corinthians 10:4-5)
41. Casting down vain imaginations (2 Corinthians 10:4-5)
42. Bringing every thought into captivity in Christ Jesus (2 Corinthians 10:5)
43. Being transformed by the renewing of my mind (Romans 12:1-2)
44. A laborer (or partner) together with God (1 Corinthians 3:9)
45. The righteousness of God in Christ Jesus (2 Corinthians 5:21)
46. An imitator or follower of Jesus Christ (Ephesians 5:1)

Examples of Blessings

These can be spoken when you are by yourself or with the other person; however, only speak them in the presence of the other person if it would encourage them. Otherwise, do it when they cannot hear you. You hear and God hears.

From Numbers 6: May the Lord bless you and keep you, make His face shine upon you and be gracious to you, turn His face toward you and give you peace.

From Jabez: Father, bless us indeed, bless us intensely, bless us immensely. Expand the borders of our territory that Your hand would be upon us. keep us from evil that we may not cause pain.

I bless _____ (Remember to bless yourself.)

- Everywhere they go
- In everything they do
- With my love
- With my respect
- With divine health and well-being
- With a good memory and a sharp mind
- With peace, peace of mind and joy
- With an intimate relationship with Jesus
- In their finances
- In their marriage
- 's spirit, soul and body; mind, will and emotions
- 's children and relationships
- 's job. transportation, home
- With wisdom and knowledge from God
- With the fruit of the Spirit: love. joy. peace, patience, kindness, gentleness, goodness, faithfulness and self-control
- With my forgiveness
- With safe travel
- With a fulfilled life
- With energy and strength
- With good sleep
- With God's mercy, grace and favor
- With good eyesight and hearing
- With a revelation of God's love and God's truth
- With divine appointments and divine connections with anyone that has anything to do with their destiny
- With divine appointments with people that will respect them and speak truth into their lives
- With strength and commitment to follow Christ no matter what the cost
- With courage to share Jesus and His Word with others
- With a spirit of humility
- With a sound mind and body
- With my loyalty
- Going out and coming in
- In the city and in the country
- Every step they take as a step of increase